# MENIU 10.11-16.11.2026

| ZIUA | DIMINEATA | | GUSTARE ORA 10 | PRANZ | GUSTARE ORA 16 | SEARA |
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| **MARTI 10.11.2026** | C | PAINE-250G CASCAVAL-70G,SALAM-70G,IAURT NATURAL-1B | | CIORBA DE FASOLE USCATA-400ML MUSACA DE CARTOFI CU CARNE-350G | NAPOLITANE-50G | OREZ CU LAPTE-250G,MUSCHI FILE-70G,CEAI N.200ML |
| | D | PAINE-250G TELEMEA-70G,SUNCA TOAST-70G,IAURT NATURAL-1B | | CIORBA DE FASOLE USCATA-400ML MUSACA DE CARTOFI CU CARNE-350G | NAPOLITANE-50G | OREZ CU LAPTE-250G ,CEAI N.-200ML |
| | DZ | PAINE-150G CASCAVAL-70G,SALAM-70G,IAURT NATURAL-1B | PORTOCALA-200G | CIORBA DE FASOLE USCATA-400ML MUSACA DE CARTOFI CU CARNE-250G | MUSCHI FILE-70G | OREZ CU LAPTE-150G,CEAI N.-200ML |
| | H | PAINE-250G TELEMEA-70G,SUNCA TOAST-70G,IAURT NATURAL-1B | BANANA-200G | SUPA CU TAITEI-400ML MUSACA DE CARTOFI CU CARNE-350G | NAPOLITANE-50G | OREZ CU LAPTE-300G ,CEAI N.-200ML |
| **MIERCURI 11.11.2026** | C | PAINE-250G MARGARINA-25G,GEM-45G-70G,SUNCA TOAST-70G,CEAI-200ML | | SUPA CU TAITEI-400ML IAHNIE DE FASOLE-300G | EUGENIA-1B | SALATA ORIENTALA-300G,SALAM-70G,CEAI -200ML |
| | D | PAINE-250G UNT-20G,GEM-45G,BRANZA DE VACI-70G,CEAI-200ML | | SUPA CU TAITEI-400ML IAHNIE DE FASOLE-300G | EUGENIA-1B | SALATA ORIENTALA-300G ,CEAI -200ML |
| | DZ | PAINE-150G UNT-20G,SUNCA TOAST-70G,CEAI N.-200ML | IAURT-1B | SUPA CU TAITEI-400ML IAHNIE DE FASOLE-200G | PATE-50G | SALATA ORIENTALA-200G , CEAI N.-200ML |

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| | H | PAINE-250G<br>UNT-20G,GEM-45G,BRANZA DE VACI-70G,CEAI-200ML | MAR-200G | SUPA CU TAITEI-400ML<br>SOTE DE FASOLE VERDE CU RASOL DE PUI-350G | EUGENIA-1B | SALATA ORIENTALA REGIM-300G ,CEAI -200ML |
| **JOI 12.11.2026** | C | PAINE-250G<br>TELEMEA-70G,SALAM-70G,CEAI-200ML | BANANE-200G | SUPA CU GALUSTI-400ML<br>PILAF CU LEGUME SI CARNE DE PUI-300G | CORN-1B | GRIS CU LAPTE-250G,CREMWURSTI-60G,CEAI N-200ML |
| | D | PAINE-250G<br>OU FIERT-1B,TELEMEA-70G,IAURT-1B | BANANE-200G | SUPA CU GALUSTI-400ML<br>PILAF CU LEGUME SI CARNE DE PUI-300G | CORN-1B | GRIS CU LAPTE-250G,BRANZA DE VACI-70G,CEAI N.-200ML |
| | DZ | PAINE-150G<br>TELEMEA-70G,OU FIERT-1B,IAURT-1B | BISCUITI GULLON-1B | SUPA CU GALUSTI-400ML<br>PILAF CU LEGUME SI CARNE DE PUI-200G | MAR-150G | SOTE DE DOVLECEI CU RASOL DE PUI.-250G,CEAI N-200ML |
| | H | PAINE-250G<br>OU FIERT-1B,TELEMEA-70G,IAURT-1B | BANANE-200G | SUPA CU GALUSTI-400ML<br>PILAF CU LEGUME SI CARNE DE PUI-300G | CORN-1B | GRIS CU LAPTE-250G,BRANZA DE VACI-70G,CEAI N.-200ML |
| **VINERI 13.11.2026** | C | PAINE-250G<br>PATE VEGETAL-70G,SALAM-70G,CEAI-200ML | | CIORBA DE FASOLE VERDE-400ML<br>TOCANITA DE CARTOFI-300G | EUGENIA-1B | PASTE CU BRANZA-300GMUSCHI FILE-70G,CEAI N.-200ML |
| | D | PAINE-250G<br>UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML | | CIORBA DE FASOLE VERDE-400ML<br>TOCANITA DE CARTOFI-300G | EUGENIA-1B | PASTE CU BRANZA-300G ,CEAI N.-200ML |
| | DZ | PAINE-150G<br>UNT-20G,BRANZA TARTINABILA-50G, CEAI N-200ML | GREFA-200G | CIORBA DE FASOLE VERDE-400ML<br>TOCANITA DE CARTOFI-200G | IAURT-1B | MUSCHI FILE-100G,TELEMEA-100G,CEAI N.-200ML |
| | H | PAINE-250G<br>UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML | MAR-200G | CIORBA DE FASOLE VERDE-400ML<br>TOCANITA DE CARTOFI-300G | EUGENIA-1B | PASTE CU BRANZA-300G ,CEAI N.-200ML |

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| **SAMBATA 14.11.2026** | C | PAINE-250G<br>SUNCA TOAST-70G,FULGI DE PORUMB-60G, LAPTE BATUT-300ML | BANANE-200G | CIORBA RADAUTEANA-400ML<br>PILAF CU LEGUME SI CARNE DE PUI 300G<br>SALATA DE VARZA-100G | PRAJITURA-1B | CREMWURSTI-100G,OU FIERT-1B,BRANZA TOPITA-2B,CEAI-200ML |
| | D | PAINE-250G<br>FULGI DE PORUMB-60G,BRANZA TARTINABILA-50G, LAPTE BATUT-300ML | BANANE-200G | CIORBA RADAUTEANA-400ML<br>PILAF CU LEGUME SI CARNE DE PUI 300G<br>SALATA DE VARZA-100G | PRAJITURA-1B | OU FIERT-1B, TELEMEA-100,COMPOT-300ML |
| | DZ | PAINE-150G<br>FULGI DE PORUMB-30G,BRANZA TARTINABILA-50G, LAPTE BATUT-300ML | MAR-150G | CIORBA RADAUTEANA-400ML<br>PILAF CU LEGUME SI CARNE DE PUI 200G<br>SALATA DE VARZA-100G | BRANZA TOPITA-2B | CREMWURSTI-100G,OU FIERT-1B,CEAI-200ML |
| | H | PAINE-250G<br>FULGI DE PORUMB-60G,BRANZA TARTINABILA-50G, LAPTE BATUT-300ML | BANANE-200G | CIORBA RADAUTEANA-400ML<br>PILAF CU LEGUME SI CARNE DE PUI 300G | PRAJITURA-1B | OU FIERT-1B, TELEMEA-100,COMPOT-300ML |
| **DUMINICA 15.11.2026** | C | PAINE-250G<br>UNT-25G,GEM-45G, SALAM-70G ,CEAI-200ML | BANANE-200G | CIORBA DE VITA-400ML<br>PASTE CU CARNE DE PUI -300G | CORN-1B | MUSCHI FILE-100G,TELEMEA-70G,PATE-50G,IAURT-1B |
| | D | PAINE-250G<br>UNT-25G,GEM-45G, BRANZA DE VACI-70G ,CEAI-200ML | BANANE-200G | CIORBA DE VITA-400ML<br>PASTE CU CARNE DE PUI -300G | CORN-1B | TELEMEA-70G,OU FIERT-1B,IAURT-1B |
| | DZ | PAINE-150G<br>UNT-25G, BRANZA DE VACI-70G ,CEAI N.-200ML | BISCUITI GULLON-1B | CIORBA DE VITA-400ML<br>PASTE CU CARNE DE PUI -200G | MAR-150G | MUSCHI FILE-100G,TELEMEA-70G,IAURT-1B |
| | H | PAINE-250G<br>UNT-25G,GEM-45G, BRANZA DE VACI-70G ,CEAI-200ML | BANANE-200G | CIORBA DE VITA-400ML<br>PASTE CU CARNE DE PUI -300G | CORN-1B | TELEMEA-70G,OU FIERT-1B, IAURT-1B |

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| **LUNI 16.11.2026** | C | PAINE-250G CREMWURSTI DE PUI-60G,BRANZA TOPITA-60G,CEAI-200ML | | SUPA CU TAITEI-400ML VARZA CU CARNE-300G | BISCUITI-50G | PILAF CU LEGUME SI CARNE DE PUI-250G , CEAI-200ML |
| | D | PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML | | SUPA CU TAITEI-400ML VARZA CU CARNE-300G | BISCUITI-50G | PILAF CU LEGUME SI CARNE DE PUI-250G , CEAI-200ML |
| | DZ | PAINE-150G CREMWURSTI DE PUI-60G,BRANZA TOPITA-60G,CEAI N.-200ML | BISCUITI GULLON-1B | SUPA CU TAITEI-400ML VARZA CU CARNE-300G | MAR-150G | PILAF CU LEGUME SI CARNE DE PUI-150G,CEAI N.-200ML |
| | H | PAINE-250G UNT-20G,GEM-45G,BRANZA TARTINABILA-50G,CEAI-200ML | MAR-200G | SUPA CU TAITEI-400ML SOTE DE DOVECEI CU RASOL DE PUI-300G | BISCUITI-50G | PILAF CU LEGUME SI CARNE DE PUI-250G , CEAI-200ML |

NOTA:ACEST MENIU POATE SUFERI MODIFICARI.

LEGENDA:C-COMUN,D-DESODAT,DZ-DIABET ZAHARAT,H-HEPATIC

INTOCMIT,AS. Ciungalan Elena

APROBAT, DIR. MEDICAL DR.Zaharia Florin